

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Oct 1

WGR LS Corn loaf  
Apple  
1% Milk 8oz

Oct 2

WW Waffle  
Pear  
1% Milk 8oz

Oct 3

WW Pancake  
Orange  
1% Milk 8oz

Oct 4

wgr Raisin Bread  
Tangerine (2)  
1% Milk 8oz

Oct 7

WGR Honey Scooter  
s  
Orange  
1% Milk 8oz

Oct 8

WGR BB Mini Loaf  
Pear  
1% Milk 8oz

Oct 9

WW Pancake  
Plums (2)  
1% Milk 8oz

Oct 10

Wgr French Toast  
Banana  
1% Milk 8oz

Oct 11

WW Bagel  
Cream Cheese  
Pear  
1% Milk 8oz

Oct 14

WGR Toasty Oats  
Orange  
1% Milk 8oz

Oct 15

WGR LS Corn loaf  
Banana  
1% Milk 8oz

Oct 16

Wgr French Toast  
Clementine (2)  
1% Milk 8oz

Oct 17

WW Waffle  
Banana  
1% Milk 8oz

Oct 18

wgr Raisin Bread  
Tangerine (2)  
1% Milk 8oz

Oct 21

WGR Honey Scooter  
s  
Orange  
1% Milk 8oz

Oct 22

WGR BB Mini Loaf  
Pear  
1% Milk 8oz

Oct 23

WW Pancake  
Plums (2)  
1% Milk 8oz

Oct 24

Wgr French Toast  
Banana  
1% Milk 8oz

Oct 25

WW Bagel  
Cream Cheese  
Pear  
1% Milk 8oz

Oct 28

WGR Toasty Oats  
Orange  
1% Milk 8oz

Oct 29

WGR LS Corn loaf  
Banana  
1% Milk 8oz

Oct 30

Wgr French Toast  
Clementine (2)  
1% Milk 8oz

Oct 31

WW Waffle  
Banana  
1% Milk 8oz

Regina Caterers 6409 11th Ave Brooklyn, NY

This institution is an equal opportunity employer

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Oct 1

Stuffed Shells  
White Beans  
Prince Edward Veg  
Apple  
1% Milk 8oz

Oct 2

Burger w/ WGR Bun  
Green Beans  
Fruit Mix  
1% Milk 8oz

Oct 3

LS Diced Chicken  
Brown Rice  
Italian Blend Veg  
Banana  
1% Milk 8oz

Oct 4

Tuna Salad  
Whole Grain Bread  
Diced Carrots  
Plums (2)  
1% Milk 8oz

Oct 7

Chicken Fingers  
California Vegetable  
Blend  
Apple  
1% Milk 8oz

Oct 8

wgr Mac N' Cheese  
Green Beans  
Orange  
1% Milk 8oz

Oct 9

Gr. Chk Breast  
Brown Rice  
Green Beans  
Orange  
1% Milk 8oz

Oct 10

Italian Meatballs  
Tomato Sauce  
Italian Blend Veg  
Whole Grain Bread  
Apple  
1% Milk 8oz

Oct 11

wgr Cheese Pizza  
Mixed Vegetables  
Plums (2)  
1% Milk 8oz

Oct 14

WGR Chk Nuggets  
Whole Grain Bread  
Mixed Vegetables  
Apple  
1% Milk 8oz

Oct 15

wgr Ziti w/Cheese  
White Beans  
Prince Edward Veg  
Apple  
1% Milk 8oz

Oct 16

Chicken Lo Mein  
Whole Grain Bread  
Zucchini  
Orange  
1% Milk 8oz

Oct 17

Wgr Chicken Parmes  
an  
Green Beans  
Pear  
1% Milk 8oz

Oct 18

Tuna Salad  
Whole Grain Bread  
Diced Carrots  
Plums (2)  
1% Milk 8oz

Oct 21

Chicken Fingers  
Italian Blend Veg  
Apple  
1% Milk 8oz

Oct 22

wgr Mac N' Cheese  
Green Beans  
Banana  
1% Milk 8oz

Oct 23

Salisbury Steak  
Whole Grain Bread  
Mashed Potatoes  
Pear  
1% Milk 8oz

Oct 24

Arroz con Pollo  
Carrots  
Orange  
1% Milk 8oz

Oct 25

wgr Cheese Pizza  
Mixed Vegetables  
Plums (2)  
1% Milk 8oz

Oct 28

WGR Chk Nuggets  
Whole Grain Bread  
Mixed Vegetables  
Apple  
1% Milk 8oz

Oct 29

Stuffed Shells  
White Beans  
Prince Edward Veg  
Apple  
1% Milk 8oz

Oct 30

Burger w/ WGR Bun  
Green Beans  
Fruit Mix  
1% Milk 8oz

Oct 31

LS Diced Chicken  
Brown Rice  
Italian Blend Veg  
Banana  
1% Milk 8oz

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Sep 12, 2019

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

Oct 1

Fruit Mix  
String Cheese

Oct 2

Banana  
WGR Waffle Graham  
s

Oct 3

Applesauce  
WGR Animal Cracker

Oct 4

100% Fruit Juice, Ass  
td  
Wgr Cheeze-Its

Oct 7

Diced Pears  
String Cheese

Oct 8

Clementine  
FF Strawberry Yogurt

Oct 9

WGR Grm Crackers  
100% Fruit Juice, Ass  
td

Oct 10

Wgr Cheeze-Its  
Orange

Oct 11

WGR Animal Cracker  
Banana

Oct 14

Apple  
Wgr Cheeze-Its

Oct 15

Fruit Mix  
String Cheese

Oct 16

Banana  
WGR Waffle Graham  
s

Oct 17

Applesauce  
WGR Animal Cracker

Oct 18

100% Fruit Juice, Ass  
td  
FF Vanilla Yogurt

Oct 21

Diced Pears  
String Cheese

Oct 22

Clementine  
WGR Cheez-It Crack  
ers

Oct 23

WGR Grm Crackers  
100% Fruit Juice, Ass  
td

Oct 24

FF Blueberry Yogurt  
Orange

Oct 25

WGR Animal Cracker  
Banana

Oct 28

Apple  
FF Strawberry Yogurt

Oct 29

Fruit Mix  
String Cheese

Oct 30

Banana  
WGR Waffle Graham  
s

Oct 31

Applesauce  
WGR Animal Cracker

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